

The Solo Cup Song

By Melissa McCallum

Fallon arrived to school one day and asked if she could show us the solo cup song. We readily agreed and she began to sing while keeping beat with her solo cup acting as an instrument. We were amazed! She had spent all night teaching herself the popular song with the help of internet tutorials.

It became quite a fad in the downstairs rooms. She taught other Afterschoolers how to do it and she and Lexi preformed the song in unison for the Preschool room on several occasions. I myself spent quite some time mastering the song in order to share it with the children in my room. Fallon and Lexi taught me how to do it, and patiently offered me guidance when I made mistakes.



Little Geniuses Day Care Centre

The Preschoolers loved it! For weeks, whenever we handed out our cups for snack, they would practice the song. Liam, Owen, and Jackson would flip their cups upside down and do their own version of the solo cup song while singing the lyrics almost perfectly. They would laugh generously as the cup slapped between their hands and the table. I think we are just about ready to take this show on the road!

Why this matters:

Fallon has shown a great deal of initiative and determination in learning the solo cup song. She was then able to take on a teaching role and share the activity with her friends and Educators as well as the younger children. She and Lexi were able to develop important skills including coordination, rhythm and synchronisation.

The Preschoolers took great pleasure in watching the solo cup performances and were inventive enough to try it out themselves. They have greatly improved in the physical aspect of the routine and have memorised the lyrics.

The Cup Song Lyrics

*I got my ticket for the long way run
Two bottle of Pepsi for the way
And I sure would like some sweet company
And I'm leaving tomorrow, whatd'ya say?*

*When I'm gone
When I'm gone
You're gonna miss me when I'm gone
You're gonna miss me by my hair
You're gonna miss me everywhere, oh
You're gonna miss me when I'm gone*

*I got my ticket for the long way round
The one with prettiest of views
It's got mountains, it's got rivers
Its got sights to give you shivers
But it sure would be prettier with you*

*When I'm gone
When I'm gone
You're gonna miss me when I'm gone
You're gonna miss me by walk
You're gonna miss me by my talk, oh
You're gonna miss me when I'm gone*